

Health and Wellbeing Strategy Ageing Well update



1 July 2021

HWB Strategy: 2019-2024

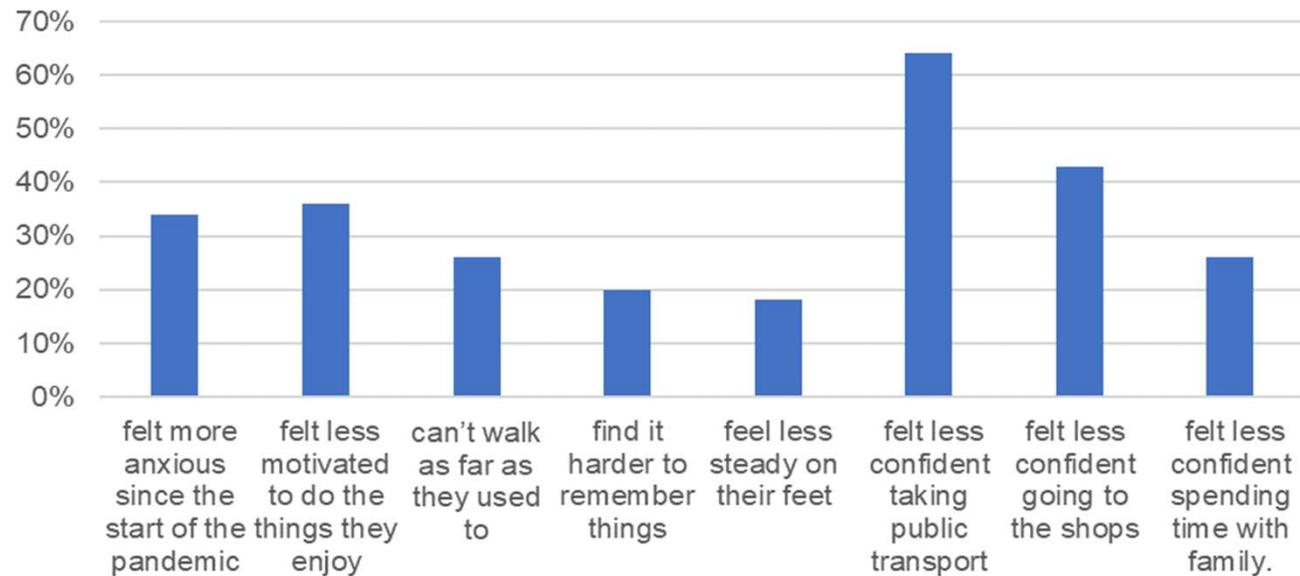
Ageing Well priorities

1. Continue to develop connected communities which can support people to live happy, healthy lives in the place of their choosing
2. Enable people to plan for a fulfilling, purposeful older age
3. Create healthy home environments which allow people to stay well and independent into older age
4. Enable people to lead healthy, active lives

Key areas of Ageing Well focus during Covid-19

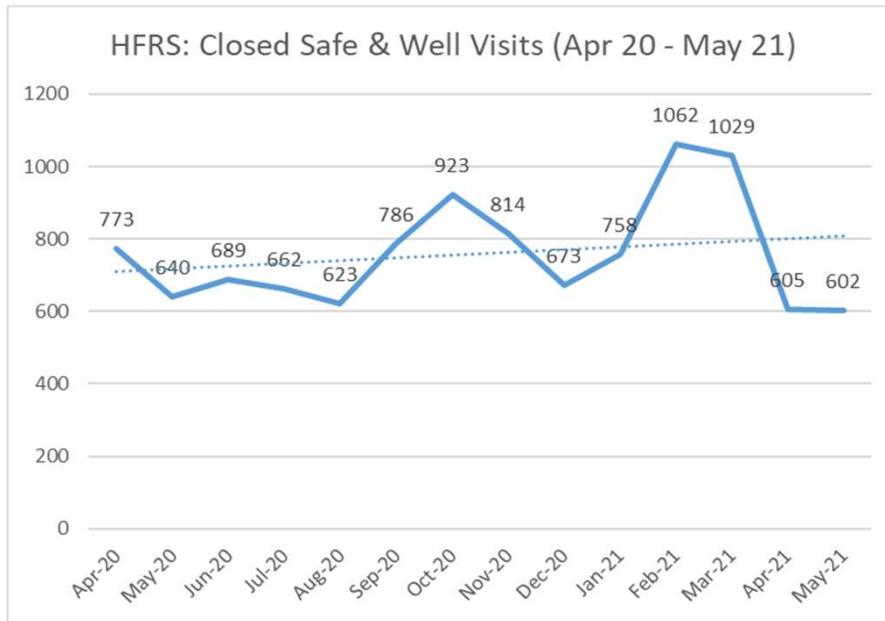
- Supporting older people's mental health and wellbeing during Covid-19 – multi-agency response
- Hampshire Welfare Helpline established
- Healthy Homes Needs Assessment completed
- Adapted falls prevention and other physical activity work
- Continued development of technology enabled care to support independence at home for longer
- Successful implementation of Discharge to Assess model across Hampshire health and care systems, with 'Home First' the aim wherever possible

Change in older people's health and wellbeing six months into the Coronavirus pandemic



Source: Age UK: The impact of COVID-19 to date on older people's mental and physical health

Increase in number of HFRS Safe and Well visits



Month (2020/2021) & (2021/2022)	Count
Apr-20	773
May-20	640
Jun-20	689
Jul-20	662
Aug-20	623
Sep-20	786
Oct-20	923
Nov-20	814
Dec-20	673
Jan-21	758
Feb-21	1062
Mar-21	1029
Apr-21	605
May-21	602

Hampshire vaccination progress

- As of 30 May 2021, 74.3% of the Hampshire population had received their first dose of COVID-19 vaccine. 49% had received their second dose.
- People vaccinated with at least one dose in older age groups (data up to 6 June):
 - 50-59 – **91.6%**
 - 60-69 – **94.1%**
 - 70-79 – **96.5%**
 - 80+ – **97.1%**
- 2020-21 saw the highest flu vaccine uptake ever achieved nationally. Data is published by STP/ICS area - up to end Dec:
 - HIOW - 83.5% of people aged over 65 have been vaccinated compared to 80.2% for England
 - HIOW - 77.7% of healthcare workers have been vaccinated, compared to 75.3 in England

Hampshire permanent admissions to residential and nursing homes

- Rates of permanent admissions for the 65+ age group are declining. For 2020/21, the yearly admissions rate for people aged 65+ was 1501, equating to 499.4 per 100,000 population. This is down from 605.9 per 100,000 population for 2019/20.
- NB this data relates only to admissions where HCC was placing an individual in residential or nursing care. It does not reflect admissions organised by an individual or their family without HCC involvement.

Digital enablement

- Supporting older people to become digitally enabled brings a variety of benefits, many of which have been highlighted during the COVID pandemic, eg helping people to access services and remain socially connected
- **HCC's Demand Management and Prevention Team** started a Digital Enablement (DE) project in Autumn 2020, in response to the reintroduction of COVID restrictions and fewer volunteers to meet needs. Digital training was provided to enable callers to shop and obtain prescription online – supporting vulnerable residents to self serve.
- Many local **voluntary and community** organisations have also moved into the DE arena in order to support adults no longer able to access their face-to-face service
- Some examples of activity supporting a partnership approach to digital enablement include:
 - **Brendoncare** were grant funded to digitally upskill members least likely to take up their digital offers (men over 70 and carers). Project to include training volunteers, volunteers training members and tablet loan. Initially in Fareham and Gosport, but a Hampshire-wide org.
 - **Libraries in Learning** ran digital training for people referred from the Hampshire Welfare Line
 - **Unity** is training staff / volunteers to offer 1:1 digital literacy support via the **Connector/SP service** .
 - **Carers Infection Control Grant**: 105 carers supported to date. Digital technology funded: 37 laptops, 29 tablets, 7 Alexa / Echo, 6 mobiles, 1 Wifi costs for a year
- Partnership working will continue across HCC, NHS and voluntary and community sector to ensure people have access to ongoing digital support and other activities in the community

HCC Care Technology Programme

- Partnership with PA Consulting – the Argenti Partnership
- Significant impact on Social Care practice and delivery
 - 37,000 referrals since 2013
 - Over 13,000 people currently supported to live at home
 - Either with just Care Technology or alongside Home Care
- Over £14m cost benefits identified over 6 years
- Innovative platform – work with Dementia Pathway, Use of Consumer Devices (Amazon Alexa), Support to Carers, Short-term services from Hospital Discharge (RDS, D2A)
- **Cobots** – Programme underway, new partnership with Cyberdyne (Jpn) with focus on workforce and double handed care

Working in partnership on digital

- Greater focus on 'Digital Shift', TEC data integration, digital platforms and broader technical opportunities
- Opportunity for developing Digital landscape and initiatives with the NHS
 - An opportunity to cross the boundaries using tech and digital platforms where there are common areas of interest and Integrated Working
 - E.g. Ageing Well
 - Anticipatory Care
 - Urgent Care Response
 - Potential for Direct Referral Routes into TEC e.g. Falls Care, Delirium Pathway
 - Facilitation of Remote Triage/Consultations
 - Dementia services
 - Supporting Carers to care longer and avoid escalation to secondary care
- Key HCC contact for ongoing engagement is Mark Allen, Head of Technology Enabled Care mark.allen@hants.gov.uk

Falls prevention

- Re-establishing face to face falls prevention services after COVID-19
- Retaining innovations from online offer developed during 2020
- Exploring new settings for interventions

Opportunity:

- Develop pathways and offer to ensure support for early intervention through to higher risk
- System approach to include aligning council and NHS offer, healthy homes priorities (eg adaptations) and wider physical activity strategy to increase strength and balance

Live Longer Better programme

- To increase the 'healthy life expectancy' of older people in Hampshire
- Using physical activity as a lever to increase independence
- Changing the culture and attitudes towards older people from vulnerable to valuable.

Opportunities

- Use the Live Longer Better programme as an umbrella approach to the Ageing Well Chapter for 2021/22
- Focus on key areas that impact on health and social care: falls, continence and social isolation
- Boost enabling factors such as digital skills and workforce development
- Linking in with ICS system work on physical activity

HWB Board are asked to:

- Note the progress on Ageing Well partnership working over the last year and plans to adapt and recover after Covid-19
- Support a stronger partnership approach on technology enabled care, especially with NHS partners
- Endorse use of the Live Longer Better programme as an umbrella approach to the Ageing Well Chapter for 2021/22